



Palo Pinto Elementary
Palo Pinto ISD

A VISION OF EDUCATIONAL EXCELLENCE

At Palo Pinto ISD, we will provide the best of instruction for today and for the future so our students are well prepared to meet their fullest potential.

SHAC Committee Meeting Agenda

Date: September 25, 2023

Time: 4:15pm

Objective: Review/discuss topics pertinent to the SHAC committee

- I. Sign in
- II. Take Agenda and any handouts
- III. Board Policy EHAA (Legal) regarding SHAC (attached); reference also BDF (Legal)
- IV. Fire Prevention Week
- V. Red Ribbon Week
- VI. Vision and Hearing Screenings Update
- VII. Child Nutrition
- VIII. Health Education
- IX. Future meeting dates
- X. Other

The notice for this meeting was posted in compliance with the Texas Open Meeting Act on or before September 21, 2023 at or before 4:00p.m.

Board Policy EHAA (Legal) (only in part)

See Board Policy for the complete policy

A board shall establish a local school health advisory council (SHAC) to assist the district in ensuring that local community values are reflected in the district's health education instruction. *Education Code 28.004(a)* [See BDF regarding composition of the SHAC and FFA regarding federal wellness requirements]

The SHAC's duties include recommending:

1. The number of hours of instruction to be provided in health education;
2. Policies, procedures, strategies, and curriculum appropriate for specific grade levels designed to prevent obesity, cardiovascular disease, type 2 diabetes, and mental health concerns through coordination of:
 - a. Health education,
 - b. Physical education and physical activity,
 - c. Nutrition services,
 - d. Parental involvement,
 - e. Instruction to prevent the use of tobacco,
 - f. School health services,
 - g. Counseling and guidance services,
 - h. A safe and healthy school environment, and
 - i. School employee wellness;
3. Appropriate grade levels and methods of instruction for human sexuality instruction;
4. Strategies for integrating the curriculum components specified by item 2, above, with the following elements in a coordinated school health program:
 - a. School health services,
 - b. Counseling and guidance services,
 - c. A safe and healthy school environment, and
 - d. School employee wellness; and
5. If feasible, joint use agreements or strategies for collaboration between the district and community organizations or agencies. Any agreement entered into based on a recommendation of the SHAC must address liability for the district and community organization.

Education Code 28.004(c), (n)

The SHAC shall consider and make policy recommendations to the district concerning the importance of daily recess for elementary school students. The SHAC must consider research regarding unstructured and undirected play, academic and social development, and the health benefits of daily recess in making the recommendations. The SHAC shall ensure that local community values are reflected in any policy recommendation made to the district concerning the importance of daily recess for elementary school students. *Education Code 28.004(l)*

The SHAC shall meet at least four times each year. Education Code 28.004(d-1) (Policy BDF—Legal)

Human Sexuality Instruction

Human Sexuality Instruction

As a part of the district's curriculum, students receive instruction related to human sexuality. The School Health Advisory Council (SHAC) is involved with the selection of course materials for such instruction.

State law requires that any instruction related to human sexuality, sexually transmitted diseases, or human immunodeficiency virus (HIV) or acquired immune deficiency syndrome (AIDS) must:

- Present abstinence from sexual activity as the preferred choice of behavior in relationship to all sexual activity for unmarried persons of school age;
- Devote more attention to abstinence from sexual activity than to any other behavior;
- Emphasize that abstinence is the only method that is 100 percent effective in preventing pregnancy, sexually transmitted diseases, and the emotional trauma associated with adolescent sexual activity;
- Direct adolescents to a standard of behavior in which abstinence from sexual activity before marriage is the most effective way to prevent pregnancy and sexually transmitted diseases; and
- If included in the content of the curriculum, teach contraception and condom use in terms of human use reality rates instead of theoretical laboratory rates.

In accordance with state law, below is a summary of the district's curriculum regarding human sexuality instruction:

Palo Pinto ISD has adopted *The Great Body Shop* to address the state health curriculum.

may remove your child from any part of the human sexuality instruction with no academic, disciplinary, or other penalties. You may also choose to become more involved with the development of curriculum used for this purpose by becoming a member of the district's SHAC. Please see the campus principal for additional information.